



BRIEF

ON

SAI SPORTS PROMOTIONAL SCHEMES

- 1. SAI National Centre of Excellence (NCOE) (23 Centres)**
- 2. SAI Training Centres (STC) (66 Centres)**
- 3. Extension Centres of STC (90 Centres)**
- 4. National Sports Talent Contest (NSTC) (68 Centres)**
(10 Regular Schools, 10 IGMAs & 48 Akharas)

2020-2021



SAI NATIONAL CENTRES OF EXCELLENCE (NCOE)

The Sports Authority of India (SAI) was implementing various sports promotional schemes, in the Regional Centres, Academic Institutions and SAI Training Centres (STC), across the country to identify talented sports persons and nurture them to excel at national and international competitions.

In SAI Regional Centres and Delhi Stadia, multiple schemes were being implemented such as Centre of Excellence, SAI Training Centres (STC), and National Academies. These schemes, running within the same campus, targeted trainees of different age groups provided different entitlements and had different Financial Norms.

To maintain uniformity of the financial norms and to dispense with the differentiation between trainees in the same campus/premises at SAI Regional Centre/Academic Institutions/Stadia, a decision was taken by the Ministry of Youth Affairs & Sports, Govt. of India vide Office Memorandum No K-11020/4/2019-Sports-V dated 18.09.2019 to merge all Schemes Operating in the same Campus/premises in SAI Regional Centre/Academic Institutions and Stadia as **SAI National Centre of Excellence (NCOE)**.

After merger of SAI promotional Schemes operating in the same campus and stadia etc. 20 NCOEs were upgraded to National Centre of Excellence. However, considering the potential and infrastructure 3 more NCOEs were added later. As of now, there are 23 NCOEs (*Chandigarh has yet to start*) operational across India in 14 priority and 10 other sports disciplines.

AIMS AND OBJECTIVES

In its endeavour to train athletes to achieve excellence in Olympics and other International Events, Sports Authority of India has established National Centres of Excellence (NCOEs) across the country to impart specialized training to promising athletes by providing state of the art infrastructure and playing facilities, sports science backup, individualized diet prescribed by trained nutritionists and overall supervision under the best coaches, qualified support staff and High Performance Directors.

National Centres of Excellence operate as regular coaching camps for the best available talent in India and provide concurrent layers of prospective sports persons, giving a wider choice of talent and continuity for selection to National Teams and provide alternative second and third options too. NCoE is capable of accommodating elite to development athletes.

2. Disciplines covered by NCOEs:

NCOEs cover 14 focused/priority disciplines and 10 other disciplines where Indian athletes are performing well and have chances to win medals in the International Events/Championships/Games, availability of FOP, existing athletes, local talent etc.

Focused Sports Disciplines: Archery, Athletics, Badminton, Boxing, Cycling, Fencing, Hockey, Judo, Rowing, Swimming, Shooting, Table Tennis, Wrestling, and Weightlifting

Other Disciplines: Football, Gymnastics, Basketball, Handball, Kabbadi, Kho-Kho, Kayaking & Canoeing, Para Sports, Taekwondo, Volleyball, Wushu

3. Disciplines covered in each NCOE are:-

SN	Name of the Centre	Discipline(s)
1	Alleppey	Rowing, Kayaking & Canoeing
2	Thiruvananthapuram	Athletics, Cycling, Football, Taekwondo, Volleyball
3	Aurangabad	Archery, Athletics, Boxing, Fencing, Hockey (G), Weightlifting, Gymnastics
4	Mumbai	Athletics, Hockey (G), Kabaddi, Wrestling
5	Bengaluru	Athletics, Hockey, Judo, Volleyball, Weightlifting
6	Bhopal	Athletics, Boxing, Hockey, Judo, Wushu
7	Chandigarh	Disciplines to be decided later.
8	Dharamshala	Athletics (G), Kabaddi (G), Kho-Kho (G), Volleyball
9	Guwahati	Archery, Athletics, Boxing, Cycling, Fencing, Football, Taekwondo
10	Gandhinagar	Athletics (Para), Badminton (Para), Handball, Kabaddi, Power lifting (Para), Swimming (Para)
11	Imphal	Archery, Athletics, Cycling, Fencing, Football, Hockey, Weightlifting, Wushu,
12	Itanagar	Boxing, Weightlifting, Wushu
13	Jagatpur	Rowing, Kayaking & Canoeing
14	Kolkata	Archery Athletics Gymnastic Hockey (G) Table Tennis
15	Lucknow	Athletics Hockey Taekwondo Weightlifting , Wrestling (G)
16	Patiala	Athletics, Cycling, Fencing, Hockey (G), Judo, Taekwondo, Weightlifting
17	Rohtak	Boxing
18	Sonepat	Archery, Athletics, Hockey, Kabaddi, Wrestling
19	J.N Stadium New Delhi	Athletics (Pole Vault)
20	IG Stadium New Delhi	Cycling, Gymnastic
21	Dr S.P.M.S.P.C New Delhi	Swimming
22	M.D.C.N.S. New Delhi	Hockey
23	Dr. KSSR, New Delhi	Shooting

4. Sanctioned Strength:

Depending on infrastructure availability, medal prospects, sport's popularity, and several other factors SAI from time to time prescribes the number of athletes which can be trained in each discipline at each NCOE. Total sanctioned strength is further divided into residential and non-residential athletes and further into male and female athletes to ensure adequate representation for all genders. The current approved sanctioned strength of athletes in the NCOEs is 4,077 for residential athletes and 500 for non-residential athletes as of now. However, due to COVID-19 the working strength for the current year is **2789** trainees (**1444 Boys & 1345 Girls**).

5. Admission Criteria:

Talent Identification and Development Committees of All the discipline are empowered to select/weed out athletes from NCOEs.

6. Trained and Skilled Manpower:

i. Coaching Staff:

NCOEs are providing the best training environment and coaching to the athletes training at NCOEs. To provide best training to the athletes, apart from qualified SAI Coaches, reputed and experienced coaches are being hired or taken on deputation from other departments.

Coaching division is looking after the Hiring/Selection/Transfer/ of the coaches in all the NCOEs.

ii. Scientific Staff:

In order to evaluate/support the performance of young athletes, the scientific experts in the specialised field of Sports Anthropometry, Exercise physiology, Strength & Conditioning, bio- mechanics, Sport Psychology, Sports Medicine, Physio-therapy etc. are being hired at each NCOEs.

iii. Administrative Staff:

To ensure smooth functioning of NCOEs, adequate administrative staff has been posted in the each NCOE.

iv. Mess Staff:

Adjacent specialised mess staffs has been engaged to look after the effective functioning of mess to provide quality food as per requirement of each athlete on a day to day basis.

7. Sports Science Facilities

As regard to scientific back up at NCOEs, the specialised equipment required for evaluating/ enhancing performance of young athletes are being made available in the NCOEs. The latest scientific equipment has been/ is being procured in the NCOEs. The total cost for setting up scientific facilities across NCOEs is ₹80.00 Crores in the following departments are being set up in NCOEs,

1. Anthropometry
2. Biometry
3. Biomechanics
4. Nutrition
5. Performance analysis
6. Physiology
7. Physiotherapy
8. Psychology
9. Strength and Conditioning

SAI TRAINING CENTRES (STC)

OBJECTIVE:

In order to groom the junior level sports persons in the age group of 10-18 years, SAI Training Centres (STC) are established in a State where the sports infrastructure is provided by the respective State Governments.

DISCIPLINES COVERED:

Archery, Athletics, Badminton, Basketball, Boxing, Canoeing, Cycling, Fencing, Football, Gymnastics, Handball, Hockey, Judo, Kabaddi, Karate, Kayaking & Canoeing, Kho-Kho, Rowing, Sepaktakraw, Shooting, Softball, Swimming, Table Tennis, Taekwondo, Volleyball, Weightlifting, Wrestling & Wushu (28 Disciplines).

SELECTION CRITERIA

Criteria for Induction: Age: 12 to 18 years.

(a) **Individual Events:** Upto eighth (08) place in Sub-Junior (including Cadet) and Junior National Championships organized by a recognized National Sports Federation and upto sixth (06) place in Inter-University Championships conducted by Association of Indian Universities, and School Games Federation of India during the current or the year preceding admission.

OR

Sports persons who obtain first three (03) places in the State Championship Conducted by the recognized State Sports Association.

OR

Sports persons who secure any of the first three (03) positions in the North East Games and PYKKA National Rural and Women Championships.

OR

Sports person who has represented India in any recognized Championship/ Tournament by the recognized international federation concerned.

OR

The first three (03) position-holders of District Championships, Inter-Education District Level small Competition, Championships held by Confederation of Public Schools, CBSE, Kendriya Vidyalaya, Navodaya Vidyalaya, PYKKA, etc.; may be considered for participation in the selection trials.

b) Team Events: (i) Age: 10 to 18 years.

The talent who could not reach the minimum level of motor quality as per battery of tests may be provisionally selected for six months and only after passing the motor quality tests and specific skill test subsequently, formal induction may be made, if found fit.

Training diary of each individual trainee must be maintained, which will be taken into consideration at the time of retention and weeding out process.

Performance criteria for induction:

Any member of a team which has obtained first four (4) positions in Sub-Junior and Junior National Championships organized by recognized National Sports Federation and first two (02) position holder in Inter-Zonal and Inter-University Championships conducted by Association of Indian Universities and School Games Federation of India.

OR

Member of a team which obtained first (01) or second (02) position in the State Championship organized by a recognized State Sports Association.

OR

Sports person who has represented India as a member of the Sub-Junior and Junior team in any recognized Championship/Tournament for which team was officially sent by the Govt. of India.

OR

Member of Winner and Runners-up in team games in the North East Games.

OR

Sports persons who have participated in the recognized State level competitions organized by State Sports Associations, State Sports Council, and State Sports Departments may be considered for participation in the selection trials.

Pre-condition for Admission: The admission in the above two categories may be made based on the performance indicators, Anthropometric measurement, Physiological & Psychological tests and depending on age, discipline, event and evaluation of future potential by appearing in the selection Tests. There will be no direct admission. The admission will be only on the basis of performance and battery of test result and are to be documented at the time of induction.

Lateral Entry: Those who achieved the desired performance in the District, State, National and International level competitions and successfully completed the battery of tests, technical and specific skill tests may be inducted at any time of the year.

Retention Criteria: Retention of the athlete is based on his/her maintaining the minimum level of performance on the basis of which he/she was admitted and also achieving the target set for the year.

Battery of test result, specific test result and performance appraisal record considered at the time of admission should be properly documented as base performance so as to compare the performance enhancement of the trainees periodically.

Training diary of each individual trainee is maintained, which is taken into consideration at the time of retention and weeding out.

Medical Checkup, and Age Verification is essential especially when admission is done on the basis of performance in the Sub-Junior and Junior level Competitions as an effective preventive measure against age fraud.

Weeding out:

- a) Not maintaining the expected level of performances.
- b) Injury in incapacitating for more than six months from training and or competition; and
- c) Dope abuse, age fraud, misconduct etc.

Monitoring, Half Yearly Scientific Assessment & Academic backup for trainees admitted:

- a) Close monitoring and half yearly scientific assessment of all trainees admitted is done by the Institutional/Regional Heads by engaging the services of in-house sports science facilities or through renowned Sports Science Institutions.
- b) As far as possible, efforts are made admission in near by schools;
- c) Induction of talent may be a continuous process instead of linking with Academic session so as to enable SAI to admit the talent whenever a talent is spotted and found eligible for admission

Relaxation in the retention of trainees beyond the age of 18 years of age and upto 21 years can be considered by the Head of Academic Institutions/Regions in special cases only where there is strong justification based on performance and future prospects.

Presently there are **66** STC Centers in the country having a total strength of **5045** trainees (**3168 Boys & 1877 Girls**).

In addition salary of coaches, supporting staff and maintenance are provided by SAI.

EXTENSION CENTRES OF STC

OBJECTIVE

The scheme of extension centres of STCs was started in 21 disciplines to cover schools and colleges for wider coverage, with a view to develop sports standard in schools and colleges having requisite basic sports infrastructure and have shown good results in sports. Trainees in the age group of **10-18** years are selected under Non-Residential basis for regular training.

DISCIPLINES COVERED:

Archery, Athletics, Badminton, Basketball, Boxing, Football, Gymnastics, Handball, Hockey, Judo, Kabaddi, Kho-Kho, Malkhambh, Shooting, Swimming, Table Tennis, Taekwondo, Volleyball, Weightlifting, Wrestling & Wushu.

SELECTION OF THE INSTITUTION:

Schools and colleges actively involved in sports and having adequate infrastructure are eligible under this scheme. The institution should have a past history of producing national and international sports persons.

SELECTION OF TRAINEES:

Upto 20 trainees in a School/College are adopted under the Scheme. The students of nearby schools/colleges can also be admitted. The selection of athletes is done by a duly constituted Committee consisting of (1) Regional Director (SAI) or his representative (2) The Head of the College/Institute or his representative (3) Experts/Coaches from the school/college of the concerned discipline (4) Outstanding sports persons of the area. Age is relaxed in cases of commendable results / exceptional talent.

These Extension Centres are attached to nearest STC and monitored by Heads of SAI Regional Centres under whom the respective School/College falls.

SELECTION CRITERIA SCHOOLS

- (a) **Individual Events:** Any of first four positions holders of District Championships, Inter-Educational Institutions District Level Competitions held by the Confederation of Public Schools, CBSE, KVs, JNVs.
- (b) **Team Games:** Winner or Runners-up of District Championships, Inter-Educational Institutions District Level Competitions held by the Confederation of Public Schools, CBSE, KVs, JNVs and PYKKA and qualify under Battery of Tests as per the norms.

COLLEGES:

- (a) **Individual:** Upto 4th place/ position holders in the Sub-Junior and Junior State Championships organized by recognized State Sports Associations, Inter-College Championships conducted by the University and State level SGFI Championships organized as per SGFI norms.
- (b) **Team Games:** Winner or Runners-up of District Championships, Inter-Educational Institutions District Level Competitions held by the Confederation of Public Schools, CBSE, KVS, JNVS and PYKKA and qualify under Battery of Tests as per the norms.

UNIVERSITIES: Individual & Team:

Sports persons who have represented University, State in the Zonal / National Championships organized by Association of Indian Universities and by recognized State Association/National Sports Federations.

Age: 10 to 18 years.

The performance of the trainees in the battery of tests and achievements at the time of induction should be clearly documented.

The trainees, who failed in the Battery of tests are provisionally selected and will be evaluated after six months for retention.

Battery of tests result, specific test result and performance appraisal record considered at the time of admission should be properly documented as base performance so as to compare the performance enhancement of the trainees periodically.

Pre-condition for Admission:

The admission in the above two categories may be made based on the performance indicators, Anthropometric measurement, Physiological & Psychological tests and depending on age, discipline, event and evaluation of future potential and battery of test results and are to be documented at the time of induction.

Lateral Entry:

Those who achieved the desired performance in the District, State, National and International level competitions and successfully completed the battery of tests, technical and specific skill tests may be inducted at any time of the year.

Retention Criteria:

Retention of the inmate will be based on his/her maintaining the minimum level of performance on the basis of which the inmate was admitted and also achieving the target set for the year.

Weeding out:

- a) Not maintaining the expected level of performance
- b) Dope abuse, age fraud, misconduct.

Monitoring, Half Yearly Scientific Assessment & Academic back up for trainees admitted:

- a) It is recommended that close monitoring and half early scientific assessment of all trainees admitted may be done by Institutional/Regional Heads by engaging the services of in-house sports science facilities or by engaging the services of renowned Sports Science Institutions.
- b) As far as possible, efforts must be made to set up National Open Schooling System under NIOS, Ministry of HRD and Indira Gandhi Open University to do away with the regular academic pressure on the talent admitted.
- c) Induction of talent may be a continuous process instead of linking with Academic session so as to enable SAI to admit the talent whenever a talent is spotted and found eligible for admission.
- d) Concerted efforts may be under-taken with various Public Sectors/Armed Forces/ Corporate to ensure social/job security of the inducted inmates.

Relaxation: However relaxation both for lower and upper age limit as well as induction can be granted in exceptional cases based on outstanding performance in Battery of Tests and also taking into account specific nature of sports limited to 25% of the new induction.

FINANCIAL NORMS:

SN	Particulars	Amount (₹)
1	Sports Kit (per trainee, per annum)	5000.00
2	Competition exposure (per trainee, per annum)	3000.00
3	Stipend (per trainee for 10 months in a year)	6000.00
4	Insurance (per trainee, per annum)	150.00
5	Infrastructure and equipment support in the identified institutions, per trainee, subject to ceiling of Rs.1.00 lac	5000.00

At present, there are 90 Extension Centres in the country with a total strength of **1599** trainees (**923 Boys & 676 Girls**).

NATIONAL SPORTS TALENT CONTEST SCHEME (NSTC)

OBJECTIVE:

1. National Sports Talent Contest, (NSTC) Scheme is being implemented to scout sports talent in the age group of **8-14** years from schools and nurture them into future medal hopes by providing scientific training.

2. Under the Scheme, schools having good sports infrastructure and record of creditable sports performances are adopted by SAI. The Scheme enables the budding sportsperson to study and play in the same school. In addition to the main scheme of NSTC (launched 1985) wherein regular schools are adopted, a few distinct sub-schemes were launched to further reach out to sports talent in India, even those participating in indigenous sports and games. These sub-schemes of NSTC include:

- (i) Regular Schools
- (ii) Indigenous Games & Martial Arts (IGMA)
- (iii) Akharas

3. Disciplines covered under the NSTC:

Regular Schools - Athletics, Basketball, Football, Gymnastics, Hockey, Kho-Kho, Swimming, Table Tennis, Volleyball & Wrestling (**10** Disciplines).

IGMA - Archery, Gatka, Kabaddi, Kalariapayatu, Mukna, Malkhamb, Thang-Ta, Silambam, Khomlainai (**09** Disciplines)

Akharas – Wrestling (**01** Discipline)

4. **NSNIS trained coaches are provided to adopted schools & akhara for regular training.**

5. **Selection Criterion of Regular Schools (NSTC)**

Age: 8 to 14 years.

The performance of the trainees in the battery of tests and achievements at the time of induction should be clearly documented.

Individual/Team Events:

- a. Trainees, who are medal winners in State/National Level Competitions are admitted into the scheme, subject, to their being found medically fit.
- b. Trainees who are medal winners at District Level Competition or have participation in State Level Competitions are admitted subject to their being found fit medically and physically and also have the required potential which is assessed by battery of tests.
- c. For selection from the remote, tribal & coastal areas, the trainees are also selected by organizing competitions among participants. Selection is done by a selection committee consisting of representatives of SAI, School/ Akharas, SAI coaches, sports scientists etc. The sports persons identified on this basis are offered admission after age verification, medical examination and on found suitable by applying battery of tests.

Pre-condition for Admission:

The admission in the above two categories may be made based on the performance indicators, Anthropometric measurement, Physiological & Psychological tests and depending on age, discipline, event and evaluation of future potential and battery of test result and are to be documented at the time of induction.

Retention Criteria:

- a) Retention of the athletes will be based on his/her maintaining the minimum level of performance on the basis of which the inmate was admitted and also achieving the target set for the year.

Weeding out:

- a) Not maintaining the expected level of performance
- b) Dope abuse, age fraud, misconduct.

Monitoring, Half Yearly Scientific Assessment & Academic back up for trainees admitted:

It is recommended that close monitoring and half yearly scientific assessment of all trainees admitted may be done by Institutional/Regional Heads by engaging the services of in-house sports science facilities or by engaging the services of renowned Sports Science Institutions.

Relaxation: However relaxation both for lower and upper age limit as well as induction can be granted in exceptional cases based on outstanding performance in Battery of Tests and also taking into account specific nature of sports, for which prior approval of DG, SAI would be needed.

INDIGENOUS GAMES AND MARTIAL ARTS (IGMA) (Sub-Scheme of NSTC)

With a view to promote indigenous games & martial arts in the schools in rural and semi-urban areas and scouting of talent in these games for nurturing in modern sports this scheme was launched in November, 2001 schools runs by Educational Institutions having cluster of Schools like Kendriya Vidyalayas, Navodaya Vidyalayas, DAV, Vidya Bharati & similarly placed institutions for promotion & development of indigenous games & martial arts were also included as part of NSTC Scheme.

SELECTION CRITERIA

Age: 8 to 14 years.

The performance of the trainees in the battery of tests and achievements at the time of induction should be clearly documented.

Selection Criteria for Induction:

- a. Talents, who are medal winners in State/National Level Competitions are admitted into the scheme, subject, to their being found medically fit.
- b. Talents who are medal winners at District Level Competition or have participation in State Level Competitions are admitted subject to their being found fit medically and physically.
- c. The scouting of the talent in indigenous games is to be done on the basis of open competitions among participants. Selection is done by a selection committee consisting of representatives of SAI, Institutions, SAI coaches, guru/mentor of the concerned game. The sports persons identified on this basis are offered admission after age verification, medical examination etc.

Retention Criteria:

- a) Retention of the inmate will be based on his/her maintaining the minimum level of performance on the basis of which the inmate was admitted and also achieving the target set for the year.

Weeding out:

- a) Not maintaining the expected level of performance
- b) Dope abuse, age fraud, misconduct.

Monitoring:

Close monitoring and half yearly evaluation of the adopted Clubs/Institutions is carried out through Institutional Heads/ Regional Centres. Exceptionally talented boys & girls may be admitted in the SAI SAG Centre or SAI Sports Academy as per the discipline and eligibility criteria.

Relaxation: However relaxation both for lower and upper age limit as well as induction can be granted by DG SAI in exceptional cases based upon outstanding performance in Battery of Tests and also taking into account specific nature of sports, for which prior approval of DG, SAI would be needed.

ADOPTION OF AKHARAS UNDER NSTC SCHEME

INTRODUCTION

Wrestling has been a traditional indigenous sport in the country and mostly played at village level. India has won many international medals in the past and has been a force to reckon with. Therefore, efforts are being made to create a broader base for modern wrestling and supplement the efforts made by various akharas in the country.

ADOPTION OF AKHARAS

Keeping in view the peculiar nature of wrestling sport adoption of akharas having a minimum 20x20m covered hall for placing wrestling mats, 15x15m cover hall for installing a multi-gym and other allied facility, is approved.

SELECTION CRITERIA: The selection criteria of NSTC regular adopted schools is applied for selecting talented wrestlers.

FACILITIES PROVIDED UNDER THE NSTC SCHEME: Presently under the Scheme, selected trainees are admitted on non-residential basis. However as an exceptional case the trainees have been admitted in two schools on a residential basis and they are provided boarding & lodging facilities instead of stipend.

FINANCIAL NORMS:

1) REGULAR SCHOOLS

SN	Particulars	Amount (₹)
1	Sports Kit (per annum per trainee)	2000.00
2	Insurance (per annum per trainee)	150.00
3	Competition exposure (per annum per trainee)	2000.00
4	Stipend for 10 months (per head per annum)	3000.00
5	Annual grant to the school for purchase of sports equipment (per annum)	20000.00

2) INDIGENOUS GAMES & MARTIAL ARTS

1	Sports Kit (per annum per trainee)	1500.00
2	Insurance (per annum per trainee)	150.00
3	Stipend for 10 months (per head p.a.)	3000.00
4	Annual grant to the school for purchase of equipment (p.a.)	20000.00
5	Annual grant to the school for organizing compt. for scouting talent (p.a.)	25000.00

3) AKHARAS

1	Sports Kit (per annum per trainee)	3000.00
2	Competition exposure (per annum per trainee)	3000.00
3	Stipend (per trainee per month)	1000.00
4	Accidental insurance (per annum per trainee)	150.00
	The adopted Akharas in addition to the service of experienced coaches is also provided one set of Wrestling Mat and /or Multi-Gym.	

At present there are **10** Regular adopted schools, **10** schools adopted to promote indigenous games/ martial arts. **48** Akharas adopted being trained? There are a total No. of Trainees **941 (750 Boys & 191 Girls)** trainees under the NSTC Scheme.